



EduTrend Contents

P4C · IDENTITY AND SELF-UNDERSTANDING · PRIMARY

Am I the Same as the Baby in the Photo?

Thinking about how we change and stay the same as we grow

Ages 8–11

Level: Developing

45 minutes

Whole class circle · up to 30

Activity 02

Inside: activity at a glance · step-by-step session plan · facilitator notes · 3 pupil worksheets · assessment checklist

ACTIVITY 02 · AT A GLANCE

Am I the Same as the Baby in the Photo?

Pupils see three pictures of an invented child, Kit, at ages one, five and ten, with notes about what Kit liked and could do at each age. They list what changed and what stayed the same, then create questions and vote on one, such as “Am I the same person I was as a baby?” The enquiry explores bodies, memories, personality and names.

Learning outcomes

By the end of the session pupils can:

- compare change over time;
- identify what stays the same;
- reason about identity;
- build on others’ ideas.

KEY WORDS

change · grow · same · memory ·
body · personality

CURRICULUM LINKS

Science: growth. History: timelines.
PSHE: growing up.

1**STIMULUS**

Share something to
think about

2**THINK**

Quiet thinking time

3**QUESTION**

Create and choose
a question

4**ENQUIRE**

Reason together

5**BUILD**

Agree, disagree,
add

6**REFLECT**

Last words

Materials (per class)

- Kit picture cards
- Change chart
- Question and thinking-move cards
- Worksheets 1, 2 and 3

Before the session

- Read the stimulus and note possible concepts.
- Prepare question and thinking-move cards.
- Set out a circle so everyone can see each other.
- Print the worksheets.

SAFETY

Everyone may pass. Discuss ideas, not people,
and use the story or invented examples rather
than personal situations.

ACTIVITY 02 · SESSION PLAN

Step by step

Stay neutral: ask for reasons, examples and counter-examples rather than giving your own view.

Time	What happens	Say or ask
0–8 min Stimulus	Show the three pictures of Kit.	<i>"What did you notice?"</i>
8–18 min Questions	Pupils create questions in pairs and vote on one.	<i>"Which question is most interesting to talk about?"</i>
18–40 min Enquiry	Enquire into the chosen question, building on each other's ideas.	<i>"Am I the same person I was as a baby?"</i>
40–45 min Last words	Each person says one last thought or passes.	<i>"Has your thinking changed?"</i>

CHALLENGE CARD (print or copy onto the board)

Explain what makes Kit the same person at all three ages.

ACTIVITY 02 · FACILITATOR NOTES

The philosophy in brief

Philosophers ask what makes someone the same person over time: body, memory or something else.

Children change dramatically in their first ten years, which makes the question vivid.

Common ideas to listen for

- “If you change, you become someone else.” Most say you stay you.
- “Babies aren’t real people.” They are.
- “Your name makes you the same.” Names can change.

Adapting the activity

Support

Compare two ages only.

Stretch

Ask: will you be the same person at 80?

WORKSHEET 1

What changed?

Name: _____

Class: _____ Date: _____

Compare Kit.

What changed?

Age	Changed	Stayed the same
1		
5		
10		

WORKSHEET 2

Thinking moves

Use these in the enquiry.

Thinking moves

Thinking move	My example
I agree with... because...	
I disagree with... because...	
An example is...	
A counter-example is...	
Building on what... said...	

WORKSHEET 3

Last words

Before and after.

What stays the same when everything changes? Before the enquiry I thought... Now I think... because...

FOR THE TEACHER

Assessment checklist

Use during the session. One sheet covers up to eight pupils; copy as needed.

Pupil	Asks a philosophical question	Gives reasons and examples	Listens and builds on others

Suggested codes: W = working towards · E = expected · G = greater depth

ABOUT THIS ACTIVITY

Am I the Same as the Baby in the Photo? is a sample activity from the EduTrend Contents P4C Identity and Self-Understanding programme (primary, level: developing). Every activity in the programme follows the same format: a practical challenge, a clear session plan, facilitator notes and ready-to-print worksheets, so that teachers, club leaders and parents can run it without extra preparation.

Full 15-, 20- and 32-week programmes are available from EduStore at edutrend.org.

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