



EduTrend Contents

P4C · IDENTITY AND SELF-UNDERSTANDING · MIDDLE SCHOOL

Who Am I Online?

Is your online self the real you?

Ages 11–13

Level: Intermediate

50 minutes

Circle and small groups
· up to 30

Activity 03

Inside: activity at a glance · step-by-step session plan · facilitator notes · 3 student worksheets · assessment checklist

ACTIVITY 03 · AT A GLANCE

Who Am I Online?

Students look at invented profiles: a gamer avatar, a social media account showing only holidays and achievements, and a private messaging style very different from how the person speaks in class. They discuss how each shows or hides the person, then create questions and enquire into whether an online self can be as real as an offline one.

Learning outcomes

By the end of the session students can:

- analyse online self-presentation;
- distinguish showing and being;
- reason about multiple identities;
- reflect on digital life.

KEY WORDS

online · profile · avatar · real ·
present · identity

CURRICULUM LINKS

PSHE: online safety and wellbeing.
Computing: digital identity.
English: persuasive self-
presentation.

1**STIMULUS**

Share something to
think about

2**THINK**

Quiet thinking time

3**QUESTION**

Create and choose
a question

4**ENQUIRE**

Reason together

5**BUILD**

Agree, disagree,
add

6**REFLECT**

Last words

Materials (per class)

- Invented profile cards
- Question and thinking-move cards
- Worksheets 1, 2 and 3

Before the session

- Read the stimulus and note possible concepts.
- Prepare question and thinking-move cards.
- Set out a circle so everyone can see each other.
- Print the worksheets.

SAFETY

Use invented profiles only. Do not share real
accounts or usernames.

ACTIVITY 03 · SESSION PLAN

Step by step

Stay neutral: ask for reasons, examples and counter-examples rather than giving your own view.

Time	What happens	Say or ask
0–8 min Stimulus	Share the invented online profile cards.	<i>"What did you notice?"</i>
8–20 min Questions	Students create questions in pairs and vote on one.	<i>"Which question is most interesting to talk about?"</i>
20–44 min Enquiry	Enquire into the chosen question, building on each other's ideas.	<i>"Is your online self the real you?"</i>
44–50 min Last words	Each person says one last thought or passes.	<i>"Has your thinking changed?"</i>

CHALLENGE CARD (print or copy onto the board)

Argue whether an online self can be the real you, with an example.

ACTIVITY 03 · FACILITATOR NOTES

The philosophy in brief

People often present selected parts of themselves in different settings, online and offline.

Whether a curated profile is “fake” depends on what we think a real self is.

Common ideas to listen for

- “Online is fake, offline is real.” Both show parts of us.
- “Everyone shows their whole self online.” Profiles are selective.
- “An avatar can’t say anything about you.” Choices reveal things.

Adapting the activity

Support

Use two profiles.

Stretch

Design a profile that shows the most honest version of a character.

WORKSHEET 1

Our questions

Name: _____

Class: _____ Date: _____

Write questions the stimulus makes you wonder about.

Our questions

Question	Who asked	Votes

WORKSHEET 2

Profile check

Analyse.

Profile check

Profile	Shows	Hides

WORKSHEET 3

Last words

Before and after.

Can you have more than one identity? Before the enquiry I thought... Now I think... because...

FOR THE TEACHER

Assessment checklist

Use during the session. One sheet covers up to eight students; copy as needed.

Student	Asks a philosophical question	Gives reasons and examples	Listens and builds on others

Suggested codes: W = working towards · E = expected · G = greater depth

ABOUT THIS ACTIVITY

Who Am I Online? is a sample activity from the EduTrend Contents P4C Identity and Self-Understanding programme (middle school, level: intermediate). Every activity in the programme follows the same format: a practical challenge, a clear session plan, facilitator notes and ready-to-print worksheets, so that teachers, club leaders and parents can run it without extra preparation.

Full 15-, 20- and 32-week programmes are available from EduStore at edutrend.org.

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